

GPRCNA XXXI

FREEDOM



WITH NO LIMITS

APRIL 3-5, 2026

ON-SITE REGISTRATION

Palladium Boardroom

Friday 1pm-10pm
Saturday 9am-6pm
9pm-11pm
Sunday 9am-12pm

MERCHANDISE

Iron Works Ballroom

Friday 2pm-9pm
Saturday 12pm-6pm
9pm-12am

SPEAKER TAPES

Copper Room

Friday 3pm-10pm
Saturday 8am-12am
Sunday- 8am-1pm

Friday

Time	Topic/Event	Room
3:00P – 4:15P	1ST STEP / 1ST TRADITION	FUSION
4:30P – 5:45P	2ND STEP / 2ND TRADITION	FUSION
4:30P – 5:45P	SUFFERING IN SILENCE	NICKEL
4:45P – 6:00P	MY DISTORTED THINKING	COBALT
7:00P – 10:00P	OPENING MEETING	ALLOY ABC
9:30P – 10:45P	FACING OUR FEELINGS	FUSION
9:30P – 10:45P	MISERY IS OPTIONAL	NICKEL
10:00P – 12:00A TICKET EVENT	R&B BINGO	STEEL WORKS
11:00P – 12:15A	3RD STEP / 3RD TRADITION	COBALT
12:00A – 7:00A	MARATHON MEETINGS	NICKEL

Saturday

Time	Topic/Event	Room
8:00A – 10:00A TICKET EVENT	BREAKFAST BUFFET	HAMMER & FIRE GRILL
8:00A – 9:15A	A GRATEFUL ADDICT WILL NEVER USE / MY GRATITUDE SPEAKS	NICKEL
8:00A – 9:15A	WALKING THE WALK / KEEPING IT REAL	STEEL WORKS B
8:00A – 9:15A	A CLOSED MOUTH DON'T GET FED / HOW TO ASK FOR HELP	STEEL WORKS C
8:00A – 9:15A	SERVICE IS THE POSTURE OF THE HEART	ALLOY A

Time	Topic/Event	Room
8:00A – 9:15A	WHY ARE WE HERE / WHY WE STAY	COBALT
8:15A – 9:30A	WAKE UP & RECOVER / THE PROCESS FOR A NEW LIFE	STEEL WORKS A
8:15A – 9:30A	GROWING THROUGH WHAT WE GO THROUGH	ALLOY B
9:30A – 10:45A	MEETING MAKERS MAKE IT / RECOVERY HAPPENS IN OUR MEETINGS	NICKEL
9:30A – 10:45A	LIVING THE PROGRAM / TURNING TURMOIL INTO PEACE	STEEL WORKS B
9:30A – 10:45A	IDENTIFICATION / DR. JEKYLL & MR. HYDE	STEEL WORKS C
9:30A – 10:45A	WE ONLY KEEP WHAT WE HAVE	ALLOY A
9:30A – 10:45A	H.O.W / EXERCISING GOODWILL	COBALT
9:45A – 11:00A	4TH & 5TH STEP / 4TH & 5TH TRADITION	FUSION
9:45A – 11:00A	RECOVERY MUST COME FIRST / TRUSTING THE PROCESS	STEEL WORKS A
9:45A – 11:00A	THE THERAPEUTIC VALUE	ALLOY B
10:00A – 12:00P	GOD’S WILL NOT MINE	ALLOY C
11:00A – 12:15P	PAIN SHARED IS PAIN LESSENED / SUFFERING IS OPTIONAL	NICKEL
11:00A – 12:15P	DO YOU KNOW WHEN YOUR DISEASE IS ACTIVE / HOW TO STAY CLEAN	STEEL WORKS C
11:00A – 12:15P	IT'S AN INSIDE JOB	ALLOY A
11:00A – 12:15P	WHAT CAN I DO / MORE WILL BE REVEALED	COBALT
11:00A – 2:00P	REGIONAL WORKSHOP	STEEL WORKS B
11:15A – 12:30P	6TH & 7TH STEP / 6TH & 7TH TRADITION	FUSION

Time	Topic/Event	Room
11:15A – 12:30P SPANISH	JUST FOR TODAY / GET ANOTHER DAY	STEEL WORKS A
11:15A – 12:30P	MY EXCUSES NO LONGER WORK	ALLOY B
12:30P – 1:45P	SECRETS KEEP US SICK / "SHARING CLEAN, LIVING DIRTY"	NICKEL
12:30P – 1:45P	ATTITUDE OF INDIFFERENCE / MISERY IS OPTIONAL	STEEL WORKS C
12:30P – 1:45P	SELF-FORGIVENESS IS ESSENTIAL	ALLOY A
12:30P – 1:45P	THE SYMBOL / JUST FOR TODAY	COBALT
12:45P – 2:00P	8TH STEP / 8TH TRADITION	FUSION
12:45P – 2:00P LGBTQ	GOING THROUGH THE STIGMA / SELF ACCEPTANCE	STEEL WORKS A
12:45P – 2:00P	IF NOTHING CHANGES	ALLOY B
2:00P – 3:15P	ME vs ME / I AM NOT UNIQUE	NICKEL
2:00P – 3:15P	DEALING W/TRAUMA IN RECOVERY / FROM DESPERATION TO RESTORATION	STEEL WORKS C
2:00P – 3:15P	RECOVERY & RELAPSE / WE DO RECOVER	COBALT
2:15P – 3:30P	9TH STEP / 9TH TRADITION	FUSION
2:30P – 4:00P	MEN'S RAP	STEEL WORKS A & B
2:30P – 4:00P	WOMEN'S RAP	ALLOY A & B
3:30P – 4:45P	APPLICATION vs UNDERSTANDING	NICKEL
3:30P – 4:45P	FEELINGS AINT FACT / "FEEL, DEAL & HEAL"	STEEL WORKS C
3:30P – 4:45P	COURAGE TO CHANGE / LET GO & LET GOD	COBALT

Time	Topic/Event	Room
5:00P – 6:15P	SICKER THAN OTHERS / SELF-CENTEREDNESS IS THE CORE	NICKEL
5:00P – 6:15P	WHY ARE WE HERE / WHY WE STAY (SPANISH)	STEEL WORKS C
5:00P – 6:15P	WHEN THE CHILD HAS THE SAME DISEASE / LOWERING EXPECTATIONS	COBALT
5:00P – 6:30P TICKET EVENT	BANQUET DINNER	ALLOY BALLROOM
7:00P – 10:00P	MAIN MEETING	ALLOY ABC
9:30P – 10:45P	10TH STEP / 10TH TRADITION	FUSION
10:00P – 11:15P	DOOMED TO REPEAT / CHANGE OR DIE	NICKEL
10:00P – 11:15P	ANOTHER CHANCE TO LIVE / AT THE END OF THE ROAD	COBALT
10:00P – 12:00A TICKET EVENT	COMEDY SHOW	STEEL WORKS ABC
10:00P – 12:00A	DANCE	ALLOY A & B
11:00P – 12:15A	11TH & 12TH STEP / 11TH & 12TH TRADITION	FUSION
12:00A – 7:00A	MARATHON MEETINGS	NICKEL

Sunday

Time	Topic/Event	Room
9:00A – 9:45A	A CONSCIOUS CONTACT	COBALT
10:00A – 12:00P TICKET EVENT	BREAKFAST BUFFET	ALLOY BALLROOM
10:00A – 12:00P	CLOSING MEETING	ALLOY BALLROOM